

School Health Advisory Council (SHAC) Annual Report, 2018-2019

Sarah Bentley, Chair

Rachel Guzman, Co-Chair

Nekosi Nelson, Vice Chair



Austin ISD SHAC

Who we are

- Required by the Texas Education Code, 28.004
- A volunteer committee, serves as an advisory body to the AISD board
- Majority Parents, Community Leaders, School Personnel, Content Experts
- 8 sub-committee structure



Austin ISD SHAC

What we do

8 Components of a Coordinated School Health Program



Working together to improve the health and educational outcomes of all students and families through coordinated school health programs.



Impact of School Health

Why we do what we do

District-wide impact of school health

Students who are physically and mentally healthy have greater academic success, attend more days of school, and graduate.

The consequences of not addressing student health needs include:

- More behavior issues, including bullying and dating abuse
- More potential dropouts
- Lower test scores
- More trips to the school nurse
- Potential for higher teenage pregnancy rates



Accomplishments & Recommendations

What have we done

- Farm to School recommendation (2008)
- District Strategic Plan 2010-2013 recommendation (2009)
- Health Ed graduation credit recommendation (2009)
- Recommendations re. Garza Online Health and P.E. (2014)
- Supported implementation of new daily recess policy (2016)
- Supported expansion of Breakfast in the Classroom (2017)
- Conducted curriculum reviews as directed by statute (annually)

2018-19 SHAC Goals

Focus Areas

- ↑ diverse representation of membership
- ↑ parent involvement
- ↑ transparency & communication
- ↑ collaboration with community groups



Accomplishments & Recommendations

What have we done | 2018-2019

- SEB committee recommendation to EC to create a Diversity and Representation sub-committee (2018)
- Health Services Committee recommended to board that a licensed health professional bell-to-bell coverage in every school (2018)
- PE master planning recommendation (2019)
- Recommendation to adopt the scope and sequence for teaching human sexuality and responsibility (2019)
- Vaping recommendation (2019)
- Vaccination recommendation (2019)
- Recommendation to adopt the Human Sexuality and Responsibility curriculum (2019)

Questions & Comments

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